





Simply wearing any old pair of safety eyewear isn't enough to protect your eyes. When your safety eyewear fits poorly or incorrectly, you're putting yourself at a higher risk of injury. Head and face shapes vary considerably so it's impossible to find one pair that works for everyone. When trying on new safety eyewear use this guide and review eyewear descriptions and materials.

Selecting the style for you

Choose a spectacle that:

- Provides the best fit and eye coverage
- · Gives a good field of vision
- Has adjustment which can improve fit.





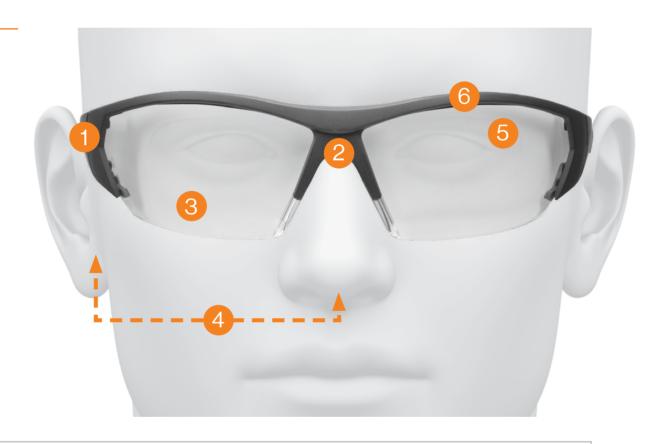


Choose the style and type of frame that suits you and the environment you are working in.

The shape and closeness has a bearing on the field of vision, protection and wearability of the eyewear.

Making eyewear comfortable

- Select a spectacle that fits your face shape and feels comfortable
- Some models feature lens angle adjustment and adjustable side arms to improve fit and positioning of frame
- Make sure there is a minimal gap between lens and face
- Move head from side to side to make sure they stay in place
- Do you prefer a fixed or adjustable nose piece?









CHECKLIST

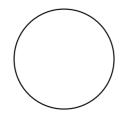
- 1. No uncomfortable pressure points on the side of the head or behind the ears
- 2. Nose piece is comfortable and contacts your nose without pinching
- 3. You should be able to see in all directions without major obstruction

Overall weight of safety eyewear is evenly distributed between your ears

- 5. Frames fit close to your face without hitting your eyelashes. The space around the frames and your face should be less than or equal to 6-8mm
- 6. Lenses cover your eyebrow and any soft tissue around it
- 7. Eyewear stays in place when you move your head front to back, and tilt your head side to side.

Lens shade options

- uvex offers a range of lens shades and coatings to suit a variety of workplace environments and light conditions
- All lens options provide 100% UV protection.



Clear Suitable for virtually all light environments



Amber Enhances low light environments and improves contrast



Silver Mirror
Indoor / outdoor lens,
half sunglare filter,
ideal for changing
light conditions



GreyFor when sunlight and glare may be a hazard



CBR 65/CBR75
Protection offering relaxing, focused vision



Polarized
Reduction of irritating
surface reflection
and glare by filtering
scattered light